

South Florida ***RUNNING Forum***

Serving the Community for 30-years!

May 2026

Volume XXIX, Number 5 Issue 371

FRONT RUNNERS



LoveWins5K.com

**May 3, 2026
Love Wins 5K
Richardson Park, Wilton Manors**



SEA CADETS

**October 10, 2026
Pursuit of Honor, Courage & Commitment 5K
Charnow Park, Hollywood Beach**

South Florida
Running Forum

Serving the Running Community for 27-Years!

IN THE PAPER

www.SFRunningForum.com

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FRONT RUNNERS

PRESENTS:

LOVE WINS 5K



**FRONT RUNNERS & WALKERS
FORT LAUDERDALE**



RUN OR WALK

SUNDAY, MAY 3, 2026, 7:30AM
RICHARDSON PARK, WILTON MANORS, FL
LOVEWINS5K.COM

Front Runners Love Wins 5K, a celebration of the rich diversity of South Florida, features a course through the iconic Wilton Drive entertainment district. The 3.1 mile race brings runners and walkers of all backgrounds and abilities together to stand united in a shared message of inclusion, kindness and love. Join us in Wilton Manors for this morning of racing, pride and connection.

CASH FOR TOP FINISHERS & AGE GROUP AWARDS

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**OUT
CLIQUE**



The Navy League of the United States
Fort Lauderdale Council
Presents the

**PURSUIT OF HONOR,
COURAGE
& COMMITMENT
5K RUN/WALK**

benefiting the
Wounded Warrior Project
and Fort Lauderdale Sea Cadets
Saturday, October 10th, 2026
Hollywood Beach



SEA CADETS



\$5	SAVE \$5 Coupon Code: SFRUN
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Register at:
honor5K.org
Managed by:
Precision Running Events



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