

South Florida ***RUNNING Forum***

Serving the Community for 30-years!

February 2026 Volume XXIX, Number 2 Issue 368



February 1, 2026
5K Butterfly Run
Tradewinds Park, Coconut Creek



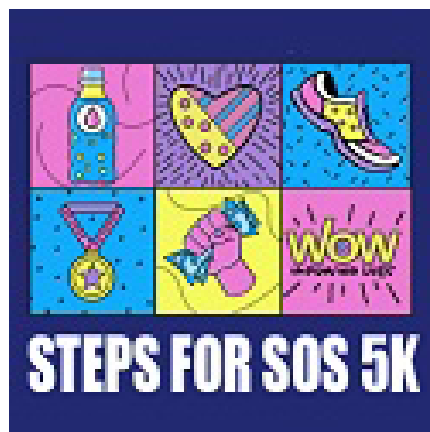
February 14, 2026
Grace 5K & 1 Mile Run/Walk
Grace Community Church, Boca Raton



February 21/22, 2026
Publix Gasparilla Distance Classic
Race Weekend - Tampa



February 28, 2026
Sombrero Beach Run 5K/10K/15K
Marathon Key



April 11, 2026
Steps for SOS 5K Run/Walk
Tradewinds Park, Coconut Creek



April 12, 2026
Krista-Marie Touch of Love Charity 5K
CB Smith Park, Pembroke Pines

South Florida
Running Forum
Serving the Running Community for 27-Years!
IN THE PAPER

www.SFRunningForum.com

5K Butterfly Run
Grace 5K & 1 Mile Run/Walk
Gasparilla Distance Classic - Race Weekend
Sombrero Beach Run 5K/10K/15K
Steps for SOS 5K Run/Walk
Krista-Marie Touch of Love Charity 5K

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Coconut
Creek



*Butterfly Run
2026*

**Sunday
February 1st**

REGISTRATION 6 AM

RACE STARTS 7 AM

TRADEWINDS PARK

3600 WEST SAMPLE ROAD - COCONUT CREEK

FOR MORE INFORMATION 954-545-6650

ButterflyRun.com

\$35 ADULT PARTICIPANTS
18 AND OVER

\$20 YOUTH PARTICIPANTS
17 AND UNDER

REGISTER TODAY

RunSignup.com

HASHTAG YOUR SOCIAL MEDIA RUN
PHOTOS WITH: **#BUTTERFLYRUN2026**



Coconut
Creek

**PARKS
& RECREATION**

5K & 1 MILE RUN/WALK

100% of proceeds support 4KIDS of South Florida, Trail Life Troop 6:33, and Amped Student Ministries!

8:00 AM SATURDAY
FEBRUARY 14 2026

Grace Community Church Boca
600 West Camino Real
Boca Raton, FL 33486



SIGN UP NOW



15K • 5K • HALF MARATHON • 8K



FEB. 21 & 22, 2026

ARRRRGH YOU
READY TO RUN?

RUNGASPARILLA.com



BACK
FOR
2026!

Pepperjack's

Hot Diggity
Dog Walk
FEB. 20, 2026

PRESENTED BY

Stella & Chewy's



Publix®





COME FOR
THE **RUN.**
STAY FOR
THE **SUN.**



SombreroBeachRun.org

February 28, 2026
The Florida Keys
Marathon





Lace Up. Get Out. Do Good.

Steps for SOS 5K Run/Walk



Saturday April 11th, 2026

7:30 am to 10:30 am

Tradewinds Park, Coconut Creek

*Kids activities, food, exercise, entertainment,
timed course, runner medals, fun...and much more!*

Bring your team spirit and others who want to be a part of this exciting event.
The path to improving the lives of children in foster care starts here!

Register at www.stepsforsos.org

PRESENTED BY



The 9th Annual Krista-Marie Touch of Love Charity



5K

Run/Walk 4 LOVE

Wonderful
Community Event

Sunday, April 12th 2026
Race Starts at 7:00 A.M.



Register at RunSignUp.com or Scan Code

C.B. Smith Park
900 N. Flamingo Road
Pembroke Pines



Fun for ALL
Ages
Medals
Custom Contest
Kid LOVE Dash
Music
Fun Vendors

A nonprofit 501 (c)(3) educational fundraiser for Autism

Join us for an early sunrise morning at our beautiful C.B. Smith Park in Pembroke Pines as we Run or Walk for LOVE.

Race starts promptly at 7:00 A.M. so arrive early to park, stretch and grab some food and refreshments offered by our finest community sponsors.

FREE Event Shirts for the first 500 at Early Packet Pickup
Beautiful Race Medals for the first 500 crossing the FINISH LINE!
Best Male and Female Plaques
Age Medals

KID LOVE DASH-For children ages 2-10, we offer an exciting opportunity to participate in the Kids Dash. All registered children will receive an inspired finisher medal!

Kids Dash-starts at 8:00 A.M. after 5K Race

Distances and ages are:

Ages 3 & Under 25m

Ages 4-5 100m

Ages 6-7 200m

Ages 8-10 400m (1/4 mile)

Costume Contest!

Pet Friendly!

Sponsorship, Vendor and Volunteer Opportunity!

Food, Refreshments and Music!

Fun for all ages and abilities!

Our 5K Run/Walk4LOVE goes through an amazing trail embraced by tall beautiful trees. As you reach the FINISH LINE you will be congratulated with a smile, a bottle of water and a heartwarming medal (medals limited to the first 500 to go through finish line).

Parking- \$3 per vehicle at park entrance

Early Packet Pickup

Be prepared, avoid the lines and get your FREE event (limited to the first 500) shirt and bib.

Saturday, April 11th at Runner's Depot from 10:00-2:00 P.M.

1378 Weston Road, Weston, FL. 33326

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