

South Florida ***RUNNING*** Forum

Serving the Community for 30-years!

January 2026 Volume XXIX, Number 1 Issue 367



January 18, 2026
Kaitlin's Angel 5K Run
Abacoa Town Center, Jupiter



January 25, 2026
Gift of Life Steps for Life 5K
FAU Stadium, Boca Raton



February 1, 2026
5K Butterfly Run
Tradewinds Park, Coconut Creek



February 14, 2026
Grace 5K & 1 Mile Run/Walk
Grace Community Church, Boca Raton



February 21/22, 2026
Publix Gasparilla Distance Classic
Race Weekend - Tampa



April 12, 2026
Krista-Marie Touch of Love Charity 5K
CB Smith Park, Pembroke Pines

South Florida
Running Forum
Serving the Running Community for 27-Years!
IN THE PAPER

www.SFRunningForum.com

Kaitlin's Angel 5K Run
Gift of Life Steps for Life 5K
5K Butterfly Run
Grace 5K & 1 Mile Run/Walk
Gasparilla Distance Classic - Race Weekend
Krista-Marie Touch of Love Charity 5K

Page 2
Page 3
Page 4
Page 5
Page 6
Page 7



January 18, 2026 6:30 AM
Abacoa Center
Jupiter, FL

All proceeds Benefit the Kaitlin A. Kazanjian
Memorial Scholarship Fund



Timing provided by AccuChip
RACE TIMING SERVICES

- Students 18 and under: \$20.00
- Early Registration: \$30.00
- Race Day Registration : \$35.00
- Race Starts: 7:30 am
- Check-In Starts: 6:30 am

10TH ANNUAL KAITLIN'S ANGEL 5K RUN & WALK

More Info &
Registration:
www.PBCPBA.org

Top male & female will win a trip to Atlantis Resort Bahamas 4
days / 3 nights *subject to terms & conditions.



RACE TO CURE
BLOOD CANCER

SAVE 5% WITH
COUPON CODE **DGOL26**

REGISTER

FLORIDA ATLANTIC UNIVERSITY, BOCA RATON

ADULTS

\$30

\$35 ON RACE DAY

STUDENTS

\$20

\$35 ON RACE DAY

CHILDREN

FREE

SUPERHERO SPRINT

giftoflife.org/stepsforlife



Coconut
Creek



*Butterfly Run
2026*

**Sunday
February 1st**

REGISTRATION 6 AM

RACE STARTS 7 AM

TRADEWINDS PARK

3600 WEST SAMPLE ROAD - COCONUT CREEK

FOR MORE INFORMATION 954-545-6650

ButterflyRun.com

\$35 ADULT PARTICIPANTS
18 AND OVER

\$20 YOUTH PARTICIPANTS
17 AND UNDER

REGISTER TODAY

RunSignup.com

HASHTAG YOUR SOCIAL MEDIA RUN
PHOTOS WITH: **#BUTTERFLYRUN2026**



Coconut
Creek

**PARKS
& RECREATION**

5K & 1 MILE RUN/WALK

100% of proceeds support 4KIDS of South Florida, Trail Life Troop 6:33, and Amped Student Ministries!

8:00 AM SATURDAY
FEBRUARY 14 2026

Grace Community Church Boca
600 West Camino Real
Boca Raton, FL 33486



SIGN UP NOW



bitly

15K • 5K • HALF MARATHON • 8K



ARRRGH YOU READY TO RUN?

RUNGASPARILLA.com

FEB. 21 & 22, 2026



BACK
FOR
2026!

Pepperjack's
**Hot Diggity
Dog Walk**
FEB. 20, 2026

PRESENTED BY
Stella & Chewy's®



Publix®



The 9th Annual Krista-Marie Touch of Love Charity



5K

Run/Walk
4 LOVE

Wonderful
Community Event

Sunday, April 12th 2026
Race Starts at 7:00 A.M.



Register at RunSignUp.com or Scan Code

C.B. Smith Park
900 N. Flamingo Road
Pembroke Pines



Fun for ALL
Ages
Medals
Custom Contest
Kid LOVE Dash
Music
Fun Vendors

A nonprofit 501 (c)(3) educational fundraiser for Autism

Join us for an early sunrise morning at our beautiful C.B. Smith Park in Pembroke Pines as we Run or Walk for LOVE.

Race starts promptly at 7:00 A.M. so arrive early to park, stretch and grab some food and refreshments offered by our finest community sponsors.

FREE Event Shirts for the first 500 at Early Packet Pickup
Beautiful Race Medals for the first 500 crossing the FINISH LINE!
Best Male and Female Plaques
Age Medals

KID LOVE DASH-For children ages 2-10, we offer an exciting opportunity to participate in the Kids Dash. All registered children will receive an inspired finisher medal!

Kids Dash-starts at 8:00 A.M. after 5K Race

Distances and ages are:

Ages 3 & Under 25m

Ages 4-5 100m

Ages 6-7 200m

Ages 8-10 400m (1/4 mile)

Costume Contest!

Pet Friendly!

Sponsorship, Vendor and Volunteer Opportunity!

Food, Refreshments and Music!

Fun for all ages and abilities!

Our 5K Run/Walk4LOVE goes through an amazing trail embraced by tall beautiful trees. As you reach the FINISH LINE you will be congratulated with a smile, a bottle of water and a heartwarming medal (medals limited to the first 500 to go through finish line).

Parking- \$3 per vehicle at park entrance

Early Packet Pickup

Be prepared, avoid the lines and get your FREE event (limited to the first 500) shirt and bib.

Saturday, April 11th at Runner's Depot from 10:00-2:00 P.M.

1378 Weston Road, Weston, FL. 33326

(754) 265-7026