

# South Florida ***RUNNING Forum***

*Serving the Community for 30-years!*

**November 2025** Volume XXIIIIV, Number 11 Issue 365



**November 27, 2025**  
**Life Time Turkey Trot**  
**5K/10K & Kids Race**  
**Tropical Park, Miami**



**November 27, 2025**  
**Tamarac Turkey Trot 5K**  
**City Hall, Tamarac**



**December 7, 2025**  
**Reggae Marathon, Half Marathon,**  
**10K & 5K**  
**Kingston, Jamaica**



**December 13, 2025**  
**It's A Wonderful Run 5K**  
**St John Paul II Academy,**  
**Boca Raton**



**January 18, 2026**  
**Kaitlin's Angel 5K Run**  
**Abacoa Town Center, Jupiter**



**January 25, 2026**  
**Gift of Life Steps for Like 5K**  
**FAU Stadium, Boca Raton**



**February 1, 2026**  
**5K Butterfly Run**  
**Tradewinds Park, Coconut Creek**



**February 21/22, 2026**  
**Publix Gasparilla Distance Classic**  
**Race Weekend - Tampa**

*South Florida*  
***Running Forum***  
*Serving the Running Community for 27-Years!*  
***IN THE PAPER***  
  
[www.SFRunningForum.com](http://www.SFRunningForum.com)

*Life Time Turkey Trot 5K/10K & Kids Race*  
*Tamarac Turkey Trot 5K*  
*Reggae Marathon, Half Marathon, 10K & 5K*  
*Kaitlin's Angel 5K Run*  
*Gift of Life Steps for Life 5K*  
*5K Butterfly Run*  
*Gasparilla Distance Classic - Race Weekend*

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NOVEMBER 27, 2025

LIFETIME® TURKEY TROT  
MIAM  5K & 10K

PRESENTED BY  Baptist Health



REGISTRATION  
NOW OPEN



JOIN THE FLOCK

# 45TH ANNUAL TAMARAC TURKEY TROT 5K

**TAMARAC**  
The City For Your Life

*Split Second Timing*

**TAMARAC**  
The City For Your Life

**TURKEY TROT 5K RUN**



THURSDAY  
**NOV 27**  
2025

**Tamarac City Hall**

**7525 NW 88th Ave., Tamarac**

**Begins at 7:30AM**

**Register: [Tamarac.gov/TurkeyTrot](https://Tamarac.gov/TurkeyTrot)**



Michelle J. Gomez  
Mayor



Dr. Kicia Daniel  
Vice Mayor, District 4



Marlon D. Bolton  
District 1 Commissioner



Morey Wright  
District 2 Commissioner



Krystal Patterson, MPA, FRA-RA  
District 3 Commissioner



Scan Me

[Tamarac.gov](https://Tamarac.gov)







**REGISTER  
NOW!**

**2025 Reggae Half Marathon 10K, 5K**

**SUNDAY DECEMBER 7, 2025**

**Celebrate our  
25th Anniversary in our new home:**

**OUR CAPITAL CITY  
KINGSTON, JAMAICA**

[www.reggaemarathon.com](http://www.reggaemarathon.com) | 876 967 4903 | [racedirector@reggaemarathon.com](mailto:racedirector@reggaemarathon.com)







January 18, 2026 6:30 AM  
Abacoa Center  
Jupiter, FL

All proceeds Benefit the Kaitlin A. Kazanjian  
Memorial Scholarship Fund



Timing provided by AccuChip  
RACE TIMING SERVICES

- Students 18 and under: \$20.00
- Early Registration: \$30.00
- Race Day Registration : \$35.00
- Race Starts: 7:30 am
- Check-In Starts: 6:30 am

# 10TH ANNUAL KAITLIN'S ANGEL 5K RUN & WALK

More Info &  
Registration:  
[www.PBCPBA.org](http://www.PBCPBA.org)

Top male & female will win a trip to Atlantis Resort Bahamas 4  
days / 3 nights \*subject to terms & conditions.



GIFT  
OF  
LIFE

STEPS  
FOR  
LIFE

5k RUN & WALK

JANUARY 25, 2026



RACE TO CURE  
BLOOD CANCER

SAVE 5% WITH  
COUPON CODE

DGOL26

REGISTER

FLORIDA ATLANTIC UNIVERSITY, BOCA RATON

ADULTS

\$30

\$35 ON RACE DAY

STUDENTS

\$20

\$35 ON RACE DAY

CHILDREN

FREE

SUPERHERO SPRINT

[giftoflife.org/stepsforlife](https://giftoflife.org/stepsforlife)





Coconut  
Creek



*Butterfly Run  
2026*

**Sunday  
February 1st**

**REGISTRATION 6 AM**

**RACE STARTS 7 AM**

**TRADEWINDS PARK**

**3600 WEST SAMPLE ROAD - COCONUT CREEK**

FOR MORE INFORMATION 954-545-6650

**ButterflyRun.com**

**\$35 ADULT PARTICIPANTS**  
18 AND OVER

**\$20 YOUTH PARTICIPANTS**  
17 AND UNDER

REGISTER TODAY

**RunSignup.com**

HASHTAG YOUR SOCIAL MEDIA RUN  
PHOTOS WITH: **#BUTTERFLYRUN2026**



Coconut  
Creek

**PARKS  
& RECREATION**



15K • 5K • HALF MARATHON • 8K



# ARRRGH YOU READY TO RUN?

RUNGASPARILLA.com

FEB. 21 & 22, 2026



BACK  
FOR  
2026!

Pepperjack's  
**Hot Diggity  
Dog Walk**  
FEB. 20, 2026

PRESENTED BY  
**Stella & Chewy's®**



# Publix®

