

TC Running for the River!

For the second year in a row, as the summer heated up and water quality began to deteriorate, TC Runners held their second annual 37-mile protest run to keep attention on the need to curtail the toxic algae blooms devastating local waterways and the fragile Indian River Lagoon Estuary, one of the most bio-diverse ecosystems in the Northern hemisphere. Will Glover once again organized the event, which started at 5am on July 29 from Lake Okeechobee to Stuart Beach and was supported by the Vital Wellness Center, Peter Weiler Financial Planning, Biglen Photography, and the TC Running community to back the progress being made to reduce nitrate and phosphate water pollution in Lake Okeechobee.



Photo: TC Running



Photo: TC Running



Photo: TC Running



Photo: TC Running



Photo: Joan Bauman

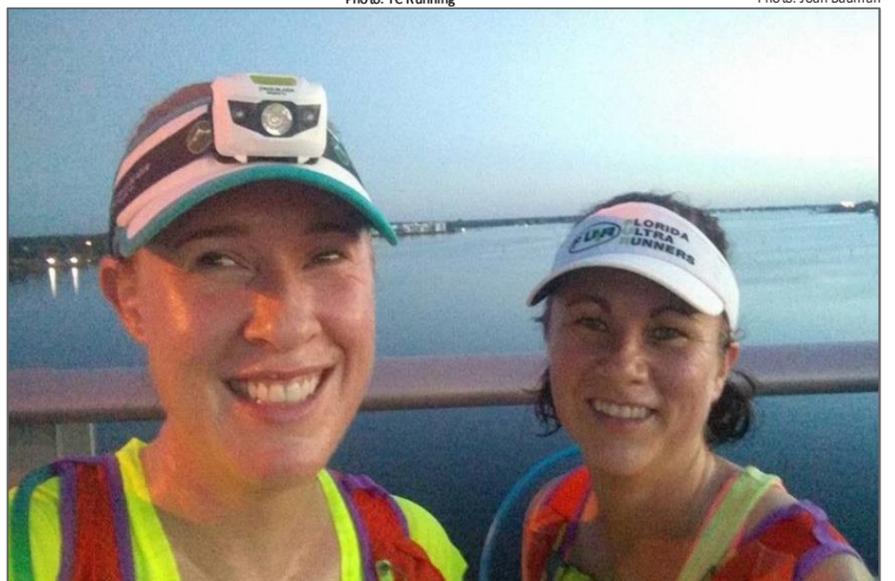


Photo: TC Running

Pictured clockwise from upper left: 1. Run the Toxic Trail Logo designed by Jeff Mayer. 2. The Copeland's camper made a great moving support vehicle for Diana Fohrman, Nicolle Gozdz, Sally Padgett, and Laurie Copeland along the unassisted "Toxic Trail". 3. John Jacobo, Madeline Weiler, Will Glover, and Michelle Weiler lead the TC Runners out of Port Mayaca heading east in the early morning along the "Toxic Trail" to begin the 37-mile trek to Stuart Beach. 4. Kudos to Diana Fohrman and Joan Bauman who both set distance PRs and became official Ultra Run ners by running the entire 37 miles from Lake Okeechobee to Stuart Beach on July 29th. 5. Jennifer Lieber and Tina Reynolds ran a portion of the "Toxic Trail" as part of their long run early Saturday morning in protest of the toxic algae suffocating the Indian River Lagoon Estuary. 6. Janet Napolitano takes an opportunity to get a picture with Congressman Brian Mast as the TC Running crew assembled at the start line in Port Mayaca at 5am. 6. Frank Fender, Michelle Weiler, Kashka Tarka, Will Glover, Jeff Mayer, Diana Fohrman, and Wayne Powell celebrate at the top of Sewall's Point Bridge near the finish on Stuart Beach.

Treasure Coast Halloween Half - Sunday, October 29th

Join Treasure Coast Running for the TC Halloween 13.1 Half Marathon on October 29, 2017. Run like there's a ghoul chasing you on Halloween Eve and experience the Treasure coast on a scenic, competitive course with stunning views in this iconic village by the sea! Awesome medal for all finishers. Tech running shirt guaranteed for everyone registered by September 15. Competitive race starts at 6:30am at Stuart Memorial Park and includes overall and age group awards. Walkers welcome. Chip timing! Refreshments! Virtual Race! Costume Contest! Race proceeds benefit a local charity and high school scholarships. Ask the club about family and multi-party registration discounts. Hope to see you there. It's the TC Halloween Half... run for you life!!



Register While You Still Can -- www.TChalloweenHalf.com