

TC Running Through the Holidays

There is nothing quite like the great training weather on the Treasure Coast through the holidays. The cool winter temperatures are perfect and there are so many great events and parties to challenge both you and your training plan. The TC Running annual Christmas party on December 3rd at Ground Floor Farm in Stuart was great fun and allowed us to spend some time together in something other than running clothes. At the party we also announced and awarded the winners of the 2016 Treasure Coast Race Series. Congratulations to Overall Male Winner Antonio Sanchez, Jr, and Overall Female and 2nd Place Overall Winner, Anne Spector. Now get ready for 2017 with three great programs: 1. Start the year off right at the TC Running New Year's Day Fun Run & Pot Luck Breakfast at 8:30am January 1st at Flagler Park; 2. The TC Running 2017 Race Series and Premium Club Package is already up on Active.com accepting registrations for the new year (get your shirt and start getting those points early); 3. New TC Running Board and volunteer committee seats are coming available the first Monday in February. Come out and get more involved in this great fitness and service community. Contact any board member for more info or reach us on Facebook.



Photo: Dave Young



Photo: Laura Elsenboss



Photo: TC Running



Photo: Ron Wilson



Photo: TC Running



Photo: TC Running



Photo: Dave Young

Pictured clockwise from upper left: 1. Crishton McCutcheon, Karla Aviles, and Jerry Ortiz enjoy some post run social time at the Fleet Feet Thanksgiving Great Give Back Fun Run at the store on Nov 17th. 2. John Trahan, TC Running Board Member, displays his 1st Place Age Group award (3:22:11) from the Kiawah Island Marathon. 3. TC Running President, Brenda Wilson, presents a \$750 donation, from funds raised at the TC Halloween 13.1 Half Marathon, to Gene Zweben for his United Way White Dove Holiday Project bicycle drive. 4. Ed Burrows, Male Grand Masters Winner of the Treasure Coast Race Series received his award and medal at the TC Running Holiday Party from TC Running Board Member Frank Fender. 5. Debra Daley and Mark "Sparrow" Swart are dressed to impress at the TC Running Holiday Party and generously donate to the annual Toys For Tots toy drive at the event. 6. TCR-Southside, Cheneae Jackson, Jeff Arbour, Brenda Wilson, Cynthia Washam, Wayne Powell, Dennis Marshall, and (not pictured) Ray Raparelli, finish their final leg together, to place 6th overall as Team Crabnado at the Ragnar Trail Alafia River-FL 120-mile relay near Tampa on December 9-10. 7. TCR-Downtown Stuart, from left, Denise Brodie, Sally Padgett, Jess Peer, Ashleigh Hawkins, Nicolle Gozdz, Erin Connolly, Heather Neal, Kashka Tarka, Christine Newman, Nayomi Omura, and Jessica Palmer, are all decked out in holiday cheer at the TC Running Holiday Party at Ground Floor Farm on December 3rd.

Marathon of the Treasure Coast & Half - Sunday, March 5th

The Marathon of the Treasure Coast is getting better and more exciting. Join us on the Treasure Coast for a competitive Boston-Qualifying full and half marathon, 4-person marathon relay, and extended 5K, 10K, Half/Full challenge event with a small prize purse for the avid endurance athlete. You are going to love this race! This year the Marriot Hutchinson Island hosts the Expo. Also, we have enhanced the entertainment with the Marathon Rock & Run Music Festival hosted by Terra Fermata; Tons of music, bands, and solo acts during the weekend. Walkers welcome. Chip timing! Great food! Virtual Race! Tech Runner's Shirt! Stocked Race Bag! Awesome spinning bottle-opener medal for every full, half, and relay marathon finisher. You don't want to miss Marathon Weekend on the Treasure Coast!

Start Training & Register Now at www.TreasureCoastMarathon.com

