

Key West Southernmost Runners

www.Southernmostrunners.com



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January, 2015

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KWSR Workouts
Lower Keys Long Run,
3-10+ Miles
Big Pine Key Sundays 7:00 AM
Call; 305-304-0091
don.n@juno.com

Key West Track Wed. 6:00 PM
Michael Higgins
Call: 205-534-5368
higrun5050@gmail.com

Call: 305-304-0091
don.n@juno.com

Key West Group Runs, 3-8 miles
All Week 5-7:00 AM
Different Locations
Contact: dr.dedraling@gmail.com

KWSR-SFRF May, 2016

Rick and Boys GP winners

From the Editor and President

Sorry if you missed it. Grand Prix awards were at the April Social and had to be moved to Dante's. If you were a winner, contact us if you did not get your award. Rick at kwsrclub@aol.com



Remember Volunteers are needed for every race, KWSR needs the support of its members to make our races happen. Call Don: 305-304-0091

GRAND PRIX: CLARKE AND SCHOLZ PREVAIL

Ed Clarke and Joan Scholz both took sole possession of first place with strong Zonta races, widened their leads through the December and January races, and held on for the win. Joel Zaila gave Ed a scare, pulling within four points with a couple of 10-pointers that could have become 16s or 20s, was unable to get to the final two races. Kelly Maatta spread her races evenly across the season, and used two good scores in her last two to seal the runner-up spot. Deb Holtom, quite likely our only Canadian member, arrived on the scene in January and quickly made waves by posting three Masters wins. She did claim the Masters title, though. Katie Leigh stayed close in case the others faltered, but, unfortunately for her, they did not.

If you ran any of our races and do not see your name listed on the overall winners listing on our website please let us know so we can get you into the results.

The Age Group Winners:

Teens: Jane Welzien / Joel Zaila
20s: Priscilla Weeks / Keith Durden
30s: Kelly Maatta / Nathan Landrum
40s: Katie Leigh / Ed Clarke
50s: Joan Scholz / Eric Mealus
60s: Deborah Holtom / Anthony Farretta
70s: Pat Kersey / Roger Fisher
80s: (none) / Terry Daughtry

Female Overall		Male Overall	
88	Joan Scholz	96	Ed Clarke
76	Kelly Maatta	92	Joel Zaila
70	Deborah Holtom	68	Anthony Farretta
68	Katie Leigh	58	Bascom Grooms
47	Haley Herriott	40	Doug Weeks
37	Patria McGee-W	60	Keith Durden
32	Laure Grube	46	Jerome Navarro
		38	Roger Fisher

KIDS CUP

The biggest drama of the day came in the first Kids Cup Racing Series, which paralleled the adult Grand Prix. KWSR and Local Awards sponsored the series, which included all kids under 14 in all of the 12 races. More than 120 young runners took part.

The two Girls divisions were literal runaways, with Caylaa Makimaa (9 & Under) and Lou Navarro (10-14) both totaling 48 points and winning by 30.

The Boys divisions, however, came down to this final race. Marathon's Fisher Sayer carried a 3-point lead over Key West's Elio Navarro into today's contest. Elio needed to beat Fisher by 3 places to overtake him, but, in the end, only beat him by 2. Fisher captured the first Kids Cup trophy by one point, 34-33.

In the 9 & Under division, Cullen Coleman came on strong in the second half of the season to pass early leaders Atticus White and Victor Espinosa, 31-24-24, and bring home the hardware.

KIDS CUP			
TOTALS MALE 0-9 AGE		10	Aiden Althouse 9
31	Cullen Coleman 6	10	James Searcy 8
24	Atticus White 8		
24	Victor Espinosa 9	TOTALS FEMALE 0-9 AGE	
20	Vaclav Bursa 8	48	Caylaa Makimaa 9
19	Archie White 5	18	Naima Thomas 9
12	Jack Bridger 6	17	KC Fenhoff 6
10	Ryan Gabay 9	10	Virginia McCraill 8
10	Aiden Golden 9	10	Haley Price 9

TOTALS MALE 10-14 AGE		TOTALS FEMALE 10-14 AGE	
34	Fisher Sayer 10	48	Lou Navarro 13
33	Elio Navarro 11	26	Amanda Navarro 11
17	Carter Sessoms 10	18	Kelci Grooms 13
16	Owen Allen 14	10	Colleen Sosa 10
16	Jack Shvero 13	10	Ruby Purcell 10
11	Enzo Badalamenti 11	9	Kassidy Grooms 11
10	John Searcy 10		

Check for updated standings, as well as race results and info at: www.southernmostrunners.com.

WHAT'S HAPPENING KWSR Races

April 16, 8:00 AM. Earth Day 5K Run/Walk, Key West
This annual event starting at White street pier, highlights Earth-Friendly Recyclable Awards with Proceeds to go to, Last Stand. Last Stand has been organized to promote, preserve, and protect the quality of life in the city of Key West, the Florida Keys and their environs, with particular emphasis on the natural environment.

***April 28, Thursday 7:00 PM. Duval Street Mile, Key West,**
Another great race, that was a success last year and will be event better this year. Info on the website or Call 305-304-1019

April 30, 8:00 AM. 5th Annual, The Basilica School of St. Mary Star of the Sea, Mariner's March 5K Run/Walk and Children's Fun Run, Key West.

Once again we will be running down town from The Basilica School of St. Mary Star of the Sea. Come enjoy the family fun, at this great event running through the neighborhoods to the Beach and back.

Other Keys Events, look for info on our website. Call 305-304-0091 to volunteer!

See our website for information on all upcoming events. www.southernmostrunners.com

WHAT HAPPENED

March 19, 8:00 AM Run with the Deer 5K, Run/Walk for F.A.V.O.R. Big Pine Key
Run, Saturday from the Big Pine Community Park. Did you Run? Write us a story.
Look for a new location from the new Key Deer Visitors Center Big Pine Key.

Female Winner
1, 1, Helena Bursa, Big Pine Key, 37, 20:33;
Female Masters Winners
1, 4, Erin Gordon, Honesdale PA, 42, 24:18;
Male Winner
1, 1, James Kidney, Marathon, 38, 20:44;
Male Masters Winners
1, 2, Ty Walinski, Key West, 48, 21:01;
Male Walker Winner
1, 1, Larry Ferguson, Summerland Key, 69, 31:20;
Female Walker Winner
1, 1, Patricia Cronk, Newport Center VT, 68, 43:17;

April 2, 8:00 AM Smokin' Tuna 5K Run/Walk for Mote Marine, Key West

DURDEN, SMOOT TROT TO VICTORY

Locals Keith Durden and Blake Smoot captured the first place plaques -- Keith by a lot and Blake by a little -- in the fourth annual Tuna Trot 5K Run For The Reef. The race, which is run in association with the Key West Oceanfest and attracted nearly 250 runners and walkers, started at the USCGC Ingham and toured Fort Zachary Taylor State Park before finishing back at the festival grounds.

Durden, a Key West Firefighter, led from start to finish, setting a brisk early pace that soon shed all pursuers. He cruised to victory by almost minute, 17:11 to 18:09. That 18:09 was at least as impressive, however, being posted by a 56-year-old. Steve Monks from North Palm Beach was that overall runner-up, as well as First Master.

Locals Francisco Ramirez, 25, and Ed Clarke, 47, locked horns in yet another tight battle, with youth prevailing for third place by just two seconds, 18:37 to 18:39. Eleven-year-old Sean Croitoru ran a quick 21:39 in winning the male 10-14 age group.

The women's race was close all the way, with Smoot's 24:08 claiming the win by a scant four seconds over Delewarian Michelle Ankelbrand's 24:12. Barb Johnson was close behind them in 24:44 as First Female Master. Amanda Navarro, another 11-year-old, won the female 10-14 group with a 26:59 in just the second race of her life.