

OPEN TRACK MEET RESULTS:



200 METER – FEMALE
 1 – Jasmine Randall 34:95
 2 – Kristina DaSilva 35:13

200 METER – MALE
 1 – Jake Valentine 23:12
 2 – Stefan Postman 23:70
 3 – Jim Driano 26:80
 4 – Will Odamtten 27:06
 5 – Michael Ianncone 27:81
 6 – Steve Pritchard 30:53



400 METER – FEMALE
 1 – Ashley Miracle 1:06:76
 2 – Laura Troya 1:09:22
 3 – Kristina DaSilva 1:22:98

400 METER – MALE
 1 – Ian Davis 48:98
 2 – Jonathan Grubel 51:69
 3 – John Bello 1:02:42
 4 – Luis Duco 1:05:08
 5 – Chris Oesch 1:07:26
 6 – Andrew Ben 1:07:95
 7 – Pablo Prada-Lopez 1:10:06
 8 – Harrison Medrano 1:11:14



MILE – MALE
 1 – Jimmie Wilbourn 4:37:78
 2 – Dean Frankel 4:38:14
 3 – Nathan Brown 4:58:39
 4 – Alvaro Ayala 5:20:02
 5 – Rafael Ojeda 5:37:05
 6 – Felipe Seguel 5:37:57
 7 – Chris Oesch 5:39:04
 8 – Ralph Pillinger 6:09:16
 9 – Anthony Sciolino 6:21:57
 10 – Freddy Dinardi 6:31:81
 11 – Andrew Ben 6:33:11

4 x 400 METER RELAY
 1 – Runner's Depot Team 3:42:34
 2 – Fired Up Run Club 4:31:48
 3 – Hollywood Run Club (HRC) Team 6 4:34:20
 4 – Hollywood Run Club (HRC) Team 5 4:48:05
 5 – Hollywood Run Club (HRC) Team 3 4:48:57
 6 – Hollywood Run Club (HRC) Team 1 4:48:63
 7 – Beast Mode Running Team 5:10:76
 8 – Hollywood Run Club (HRC) Team 2 5:43:59
 9 – Hollywood Run Club (HRC) Team 4 6:56:64

KENO PREDICTION MILE
 1 – Chris Oesch 5:50:32 (EXACT)
 2 – Jennifer Sheehan 7:35:54
 3 – Michael Iannacone 7:05:86
 4 – Mischele Hobson 7:27:71
 5 – Kristina DaSilva 7:12:80
 6 – Shannon Roche-Knight 7:29:33
 7 – Yanina Arais 6:40:70
 8 – Schane Coker 6:02:81

TEAM CHAMPION
 1 – Hollywood Run Club



Join us for a Group Run with your Friends!



So many fun workouts to choose from all across Broward County!

Sunday Morning – Hollywood Beach Broadwalk with the Hollywood Run Club, A-1-A & Garfield Street at Charnow Park. 7:00AM start. All paces, Runners & Walkers.

Sunday Morning – Vista View Park, Davie
 On Boy Scout Road (142nd Ave.) just North of Orange Drive. 7:00AM start. All paces. Up to 13 miles or as many as you'd like. Run the 1.25 mile trail loop with hills. A great workout! Park by Shelter #1.

Tuesday Evening – Hollywood Beach Broadwalk with the Hollywood Run Club, A-1-A & Garfield Street at Charnow Park. 7:00PM start. All paces, Runners & Walkers.

Wednesday Evenings – Robbins Park, Davie
Just North of Orange Drive on Hiatus Road
 6:00 PM – Meet by the bathrooms
 All paces, 4, 5, or 6 miles. Stay after for the stretch

Thursday Evenings - 17th Street Causeway
Runner's Depot Run Club – Ft Lauderdale
 6:30 PM - Starts at Runner's Depot - Ft. Lauderdale
 1489 SE 17 St. Causeway, Southport Center
 All paces, 4-6 miles. Refreshments & raffles!

Thursday Evenings – Coral Springs-Parkland
Runner's Depot Run Club – Coral Springs
 Starts at Runner's Depot-Coral Springs
 5679 Coral Ridge Drive (954) 575-2090
 All paces, 3-5 miles. Refreshments & raffles!

Thursday Evenings - Weston
Runner's Depot Run Club – Weston
 6:30 PM - Starts at Runner's Depot – Weston
 1378 Weston Road, Country Isles Plaza
 All paces, 4 miles. Refreshments & raffles!

Saturday Mornings – Weston Town Center
 6:00 AM. 5-10 Miles, All Paces, 2 Water Stops

Saturday Mornings – Holiday Park, Ft Lauderdale
 6:30 AM. 6-10 Miles, All Paces. Park by the gym on the south side of the park

Runners and walkers - All paces Welcome!