

TC Marathon Agenda at the Marathon Rock & Run Festival

March on the Treasure Coast is all about Marathon Weekend. This year, Olympian **Jeff Galloway** headlines the many activities associated with the Boston Qualifying Marathon of the Treasure Coast the first weekend March 4-6. The complete agenda is shown on the right. In addition to Galloway's participation in the race, training, and pasta party keynote, **Terra Fermata**, local Treasure Coast music headquarters, is providing the musical line-up by arranging bands at various venues around the city of Stuart, culminating in headliner concerts at Terra Fermata each night. While some of the acts are open to the public, access to all events, including the pasta party, requires an **All-Access Pass** that is purchasable at the online race registration sites. Don't miss **The Nouveaux Honkies** at the pasta party, **Quick Fix** at the finish line, or celebrating your race at Terra Fermata with the Stevie Ray Vaughn Tribute Show by **Eddie Jelly & Cold Stone**. It promises to be an epic weekend. Register now at www.treasurecoastmarathon.com.

Keep in mind that the Marathon of the Treasure Coast is the third race in the 2016 Treasure Coast Race Series. All runners are welcome and encouraged to participate in this fun year-long event that includes a friendly, points-based competition culminating in awards for participants at the TC Running Holiday Party in December. Registration includes a race shirt, series finisher medal, discounts into many local races, and several other special TC Running club benefits. For more information on the Treasure Coast Race Series, the official competition rules, and to register, visit <http://bit.ly/TCRaceSeries2016> or contact Race Director, Ray Raparelli, at treasurecoastrunning@gmail.com.

FRIDAY 4 MARCH 2-5PM **JEFF GALLOWAY** RUNNING CLINIC, TICKETS SOLD SEPARATELY AT TREASURECOASTMARATHON.COM
7-10PM CONCERT AT TERRA FERMATA - **MORNING FATTY**

SATURDAY 5 MARCH 7AM CARE NET 5K MEMORIAL PARK REGISTER: WWW.TREASURECOASTMARATHON.COM
8AM KIDS RACE MEMORIAL PARK
9AM - 5PM RUNNER'S EXPO FLAGLER PLACE MUSIC AND FUN SPONSORED BY MARK BRECHBILL, CPA
10AM - 1PM • **SCOTT BENGE**
2PM - 5PM • **RYAN OWENS & THE FIDDLE KING**
5:30-7PM MARATHON **ROCK & RUN PRE-PARTY** AT TERRA FERMATA
5:30PM PASTA PARTY AT TERRA FERMATA
• GUEST SPEAKER, **JEFF GALLOWAY**, OLYMPIAN (1972)
• MUSIC BY THE **NOUVEAUX HONKIES**
7-10PM CONCERT AT TERRA FERMATA - **JAY STOLLMAN BAND**

SUNDAY 6 MARCH 6:30AM **MARATHON of the TREASURE COAST** (FULL & HALF MARATHON, 2-4 PERSON MARATHON RELAY)
REGISTER: WWW.TREASURECOASTMARATHON.COM
10:30AM CONCERT AT MEMORIAL PARK - **QUICK FIX**
MARATHON **ROCK & RUN AFTER-PARTY** AT TERRA FERMATA
1-4PM CONCERT AT RIVERWALK STAGE DOWNTOWN - **JESSLEE**
7-10PM CONCERT AT TERRA FERMATA - **EDDIE JELLY & COLD STONE**



Photo: TC Running



Photo: Mark Sparrow Swart via Facebook



Photo: Dave Young



Photo: Fleet Feet Stuart



Photo: Jennifer Oro via Facebook



Photo: Dave Young



Photo: TC Running



Photo: TC Running

Pictured clockwise from upper left: 1. The early morning crowd starts to gather for the 10th Anniversary Fleet Feet Run for your Heart 5K/10K at Fleet Feet Stuart. 2. Overall winners of the 10K, Kurt "Barnowl" Barnhill (right), and Steve "the UPS guy" Cortes (left) celebrate their dominance with swig from their award chalice. 3. Mike Smith, Lynn Matthews, and Barbara Gendron celebrate following their 5K finish. 4. Luke Wing place 2nd in his age group at the Fleet Feet Run for your Heart 5K in 21:54.2, pace: 7:04/M. 5. The gecko from the local Geico Insurance office was on hand to greet runners crossing the finish line. Geico is a major sponsor to the Run for your Heart event and the Marathon of the Treasure Coast. 6. The Fleet Feet No Boundaries couch to 5K group sponsored by New Balance celebrated the accomplishment of their 5K goal race at the Fleet Feet Run for your Heart 5K. Great job everyone! 7. The field of over 451 runners prepares for the start of the Fleet Feet Run for you Heart 5K/10K. 8. Jennifer Oro (52:07.5, pace: 8:20) and Amy Cortes (53:32, pace: 8:42) placed 1st and 3rd in their age groups, respectively.

Marathon of the Treasure Coast & Half - Sunday, March 6th



The Marathon of the Treasure Coast is getting better and more exciting. Join us on the Treasure Coast for a competitive Boston-Qualifying full and half marathon, 4-person team marathon relay, and extended 5K, 10K, Half/Full challenge event with a small prize purse for the avid endurance athlete. You are going to love this race! This year Jeff Galloway joins the ranks as a host, trainer, keynote speak, and participant. Also, we have enhanced the entertainment with the Marathon Rock & Run Festival hosted by Terra Fermata; Tons of music, bands, and solo acts during the weekend. Walkers welcome. Chip timing! Great food! Virtual Race! Tech Runner's Shirt! Stocked Race Bag! Awesome spinning medal for every full, half, and relay marathon finisher.

Register Now -- www.TreasureCoastMarathon.com

