



Presidents Message

January and February usually provide cool running weather in South Florida, and they did at Disney, where Dave Reback kept his streak alive and Franci Jefferson went Goofy, the Honda Classic, where the race poster children, Dave Stone and Kara Weber, maintained their dominant presence, and the Race for the Cure, where many club members, including John Reback, Cecilio Farina, Seth Kaufman, Dave Garfield, Erica Lazarus, Eileen Turenne and Madeleine Lenke had strong races. As usual, Miami bucked the trend, with temperatures in the 70s, which did not deter Dave Masterson from his pacing duties. Many of us are hoping for cooler weather in Ft. Lauderdale for the A1A Marathon and Half Marathon.

Madeleine Lenke has brought us a new website, which is taking shape. It features race information, group runs, a membership sign up page and more. Check it out! Our social committee is working on an event in March, to go with the Shamrock 5K and 10 miler, one of our signature events.

The Saturday morning store run is starting earlier now, as some of us start our training for Boston, and Seth Waller is well into his training for the Palm 100. (I'll never understand why anyone would want to run further than a marathon!)

The Sweaty Runners continue to rack up comp dollars at Duffy's at the Tuesday post-workout trivia night. If you can't run but you know trivia, you can still be a Sweaty Runner!

Keep coming to our group runs, races and social events, renew your membership, tell your friends to join the Club, and above all, keep having fun running!

Gary Walk
President



PRESIDENT
Gary Walk

VICE PRESIDENT
Iva Grady

MEMBERSHIP CHAIRPERSONS
Nereyda Aquino
and
Patti Kadis

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LOOK!



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